

Holy Rosary Primary Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Oven baked pork Sausages Baked beans Mash potatoes Sweet Chilli Chicken & Noodles Veggie Sausages Creamed Rice Pudding Fruit Salad Hala/Special diet alternative	Pasta Bolognese salad Mixed Vegetables Mashed Potatoes Beef Casserole Quorn Bolognese Fruit Sponge & Custard Hala/Special diet alternative	Salmon Fish cakes Peas/Sweet corn Chips/mashed Potatoes Fish Fingers Veggie Burger Flake meal Biscuit Raspberry Milkshake Hala/Special diet alternative	Roast Chicken/Stuffing * Carrots/broccoli/Gravy Oven Roast & Mash Potato Quorn Fillet Jelly & Fruit Ice Cream Hala/Special diet alternative	Vegetable Soup * Beef Burger & Bap Coleslaw/Salad Chicken Wrap Cheese Wrap Frozen Strawberry Mousse & Fruit Hala/Special diet alternative
Week Two	Savoury Mince Beef * Carrots & Parsnips Mashed Potatoes Beef Casserole Veggie Stew Fresh Fruit/Yogurt Hala/Special diet alternative	Mild Chicken Curry Boiled Rice & Nan Bread Chicken Casserole Sweet Corn Mashed Potatoes Veggie Curry Chocolate Sponge & Custard Hala/Special diet alternative	Roast Gammon/ Gravy * Cabbage Oven Roast & Mashed Potatoes Quorn Fillet Fruit Crumble & Custard Hala/Special diet alternative	Sausage Meat Pie Baked Beans Mashed potatoes Chicken/Tuna Baguette Veggie Sausages Fruit Muffin Fresh Fruit & Milk Hala/Special diet alternative	Cod Fish Fingers Peas/Salad/Coleslaw Chips/Baked Potatoes Chicken Pasta Bake Vegetable Pasta Bake Flakemeal Biscuit & Milkshake Hala/Special diet alternative
Week Three	Pasta Bolognese * Medley Mixed Vegetables Mashed Potatoes Beef Casserole Quorn Bolognese Creamed Rice Pudding Fruit Salad Hala/Special diet alternative	Chicken Fillets & Gravy * Carrots/Sweet Corn Mashed Potatoes Chicken Curry & Boiled Rice Vegetable Curry Jelly & Fruit Hala/Special diet alternative	Breaded Fish Baked Beans Chips/Baked Potatoes Cheese & Tomato Pizza Arctic Roll Fruit Salad Hala/Special diet alternative	Roast Beef / Stuffing & Gravy Broccoli Oven Roast & Mash Potato Quorn Fillet Jam & Coconut Sponge Custard Hala/Special diet alternative	Vegetable Soup Hotdogs Salad/Coleslaw Chicken/Tuna Baguette Vegetable Sausage Dog Frozen Mousse & Fruit Hala/Special diet alternative
Week Four	Chicken Nuggets Beans/Coleslaw Chips/Baked Potatoes Cheese & Tomato Pizza Yoghurt Fresh Fruit Hala/Special diet alternative	Beef Burger & Gravy Carrots Mashed Potatoes Vegetable Burger Lasagne/Salad Wheaten Bread Custard & Fruit Hala/Special diet alternative	Beef & Vegetable Casserole Mixed Vegetables Mashed Potatoes Savoury Minced Beef Quorn Mince Chocolate Sponge & Custard Hala/Special diet alternative	Roast Turkey/Stuffing * Carrots/Broccoli/Gravy Oven Roast/Mashed Potato Quorn Fillet Ice Cream/Pears & Chocolate Hala/Special diet alternative	Cod Fish Fingers * Sweet corn Mashed Potatoes Quorn Casserole Chicken Casserole Flake Meal Biscuit/Fruit & Milkshake Hala/Special diet alternative